



Hello Everyone,

As we step into February, a month known for its warmth and affection, we want to take a moment and celebrate the beauty of friendship and the power of kindness. In a world that sometimes feels fast paced and challenging, it is the simple acts of kindness and the cherished bonds of friendship that make the world a better place.

We are excited to share some fun activities and books to keep you, and your kids entertained and engaged throughout the month. From a delicious and easy recipe to a creative craft project, there is something for everyone!

Also, February marks Black History Month celebrating the contributions and history of African Americans. You can visit museums, support businesses, attend events or volunteer to learn more and celebrate the month.



Upcoming Events

February 14

Valentine's Day

February 17

President's Day-Office Closed

Books to Read

Guess How Much I Love You by Sam McBratney

Love Monster by Rachel Bright

Pete The Cat: Valentine's Day
Is Cool
by James Dean and Kimberly
Dean

Groundhog Day by Gail Gibbons

How Do Dinosaurs Say I Love You? by Jane Yolen and Mark Teague

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Recipe Corner

Instructions:

- 1. In a large bowl, whisk together the flour, sugar, baking powder, baking soda and salt.
- 2. In another bowl, mix buttermilk, egg and melted butter.
- 3. Combine wet and dry ingredients mixing until just combined.
- 4. Add a few drops of red food coloring to the batter.
- 5. Heat the griddle or nonstick skillet over medium heat and lightly grease it.
- 6. Using a heart shaped cookie cutter, pour the batter into the shape on the griddle. Cook until bubbles form on the surface. Flip and cook until golden brown.
- 7. Serve with fruit, syrup or other favorite toppings





Recipe Corner

Heart Shaped Pancakes

Ingredients:

1 cup of all-purpose flour

2 tbsp. sugar

1 tsp baking powder

½ tsp baking soda

½ tsp salt

1 cup buttermilk

1 large egg

2 tbsp. melted butter

Red food coloring (optional)

Heart shaped cookie cutter

Family Fun

Valentine's Day Cards

Materials:

Colored Paper or cardstock

Scissors

Glue Stick

Markers or crayons

Stickers, glitter, and other decorations

Instructions:

- 1. Fold a piece of colored paper or cardstock in half to create a card.
- 2. Draw and cut out heart shapes of different colors of paper.
- 3. Glue the hearts onto the front of the card in a fun arrangement.
- 4. Use markers or crayons to write a message inside the card, such as "Happy Valentine's Day" or "You're Loved."
- 5. Decorate the card with stickers, glitter, and any other embellishment you like.
- 6. Encourage the children to personalize their cards for family members, friends, or classmates.

